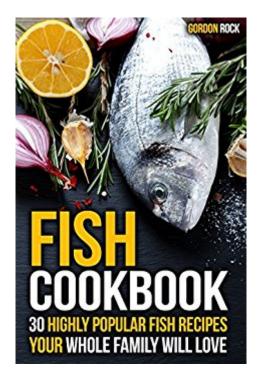


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Fish Cookbook: 30 Highly Popular Fish Recipes Your Whole Family Will Love





Synopsis

30 Highly Popular Fish Recipes Your Whole Family Will LoveFish is a great source of protein and Omega 3. Sadly, most people do not cater to the idea of fish cooking and overlook all the health benefits it is packed with. No matter what your reason is for not cooking fish at home, keep it all aside and turn the pages of this amazing fish cookbook, featuring 30 of the easiest and most scrumptious fish recipes for you. This cookbook will help you add fish in your daily diet. This cookbook has compiled recipes of steamed fish, fried fish, half-cooked fish and baked fish. These recipes can be served both at lunch and dinner. Some of them can also be taken as a snack because of the light texture and quick preparation. So enjoy your journey through delicious fish cuisine. ===> BUY THIS BOOK TODAY AND GET BONUS COOKBOOK INSIDE!!

Book Information

File Size: 2746 KB Print Length: 84 pages Page Numbers Source ISBN: 1508941831 Simultaneous Device Usage: Unlimited Publication Date: March 17, 2015 Sold by: Â Digital Services LLC Language: English ASIN: B00UW07JPM Text-to-Speech: Enabled X-Rav: Not Enabled Word Wise: Enabled Lending: Not Enabled Screen Reader: Supported Enhanced Typesetting: Enabled Best Sellers Rank: #435,090 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #62 in Kindle Store > Kindle eBooks > Cookbooks, Food & Wine > Cooking by Ingredient > Meat, Poultry & Seafood > Seafood #224 in Books > Cookbooks, Food & Wine > Cooking by Ingredient > Fish & Seafood #234 in Kindle Store > Kindle eBooks > Cookbooks, Food & Wine > Special Diet > Low Fat

Customer Reviews

My mother has to eat fish twice a week so I am always looking for good recipes that are easy to

prepare and good for you too. This cookbook has some really super delicious recipes for cooking fish. My thanks to Mr Gordon Rock.

Wonderful cookbook! I had a challenge with one of the recipes where the taste just wasn't right. It was my first time trying it out so I tweaked it according to my culinary experience (added some rosemary, garlic, and a touch of extra virgin olive oil) and this is now one of my top 5 meals I prepare when we guests in our home. Somehow Gordon had taken the mystery out of cooking fish, and the results of his recipes are very good. I've owned hundreds of cookbooks, many of which are no longer on my shelves. This one is a keeper.

I've been looking for a long time for a fish cookbook that had recipes that were family friendly and easy to prepare with available ingredients. This book fits all those wishes. We have enjoyed the meals I've fixed from it, especially the fish tacos, and it's always with me since it's on my ipad! I would recommend this cookbook.

The cookbook contains some creative twists to traditional cooking methods for fish, a food rich is Omega-3 oils and extremely healthy. This is a book I will go back to again and again. Well-done.

Another good DIY book for my library!

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